



# MILLVILLE PUBLIC SCHOOLS LAKESIDE MIDDLE SCHOOL LUNCH MENU OCTOBER 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk.

Milk choices include skim milk, 1% white and skim chocolate. Fresh Fruit and 100% Fruit Juice based on availability.

School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p style="text-align: center;"><b>Try Our NEW “Grab n’ Go”</b> Assorted Hot Sandwiches Available Every Day!!!!</p>	<p style="text-align: center;"><b>Fresh Fruit Available Daily</b></p> 	<p style="text-align: right;">(1)</p> <p style="text-align: center;">Cheese Steak Bar Fried Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(2)</p> <p style="text-align: center;">Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad French Fries Seasoned Green Beans</p>
<p style="text-align: right;">(5)</p> <p style="text-align: center;">Chicken Bowl Popcorn Chicken Over Mashed Potatoes/Gravy Cheddar Cheese Corn 100% Fruit Juice</p>	<p style="text-align: right;">(6)</p> <p style="text-align: center;">Burger Bar Sautéed Onions Lettuce and Tomato Green Beans/Savory Baked Beans Potato Wedges 100%Fruit</p>	<p style="text-align: right;">(7)</p> <p style="text-align: center;">Toasted Mozzarella Cheese Sticks Tomato Soup Goldfish Crackers French Fries Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(8)</p> <p style="text-align: center;">Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Broccoli Ranch Salad Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(9)</p> <p style="text-align: center;">In –Service Day School Closed</p>
<p style="text-align: right;">(12)</p> <p style="text-align: center;">Columbus Day School Closed</p>	<p style="text-align: right;">(13)</p> <p style="text-align: center;">Chicken Dipper Day Chicken Tenders /Popcorn Chicken/ Hot Spicy Tenders Dipping Sauce Oven Baked French Fries</p>	<p style="text-align: right;">(14)</p> <p style="text-align: center;">Meatballs on a Torpedo Roll Seasoned Green Beans Tossed Romaine Salad Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(15)</p> <p style="text-align: center;">Nacho Bar Lettuce / Tomato Cheddar Cheese Sauce Sour Cream/ Salsa Corn 100% Fruit Juice Fresh Fruit</p>	<p style="text-align: right;">(16)</p> <p style="text-align: center;">Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Broccoli Ranch Salad</p>
<p style="text-align: right;">(19)</p> <p style="text-align: center;">Cheese Steak Bar Oven Baked French Fries Sauteed Onions/Peppers Lettuce and Tomato Chilled Fruit !00% Fruit Juice</p>	<p style="text-align: right;">(20)</p> <p style="text-align: center;">Chicken Fajita’s Cheddar Cheese Peppers /Onions/Sour Cream Whole Grain Fiesta Rice Corn Fruit</p>	<p style="text-align: right;">(21)</p> <p style="text-align: center;">Hot Dog On a Bun Macaroni Cheese Savory Baked Beans Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(22)</p> <p style="text-align: center;">Chicken Parmesan With Pasta or on a Bun Broccoli and Cheese Chilled Fruit !00% Fruit Juice</p>	<p style="text-align: right;">(23)</p> <p style="text-align: center;">Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Garbanzo Bean</p>
<p style="text-align: right;">(26)</p> <p style="text-align: center;">Burger Bar Sauteed Onions Lettuce and Tomato Green Beans/Savory Baked Beans Potato Wedges</p>	<p style="text-align: right;">(27)</p> <p style="text-align: center;">Chicken Bowl Popcorn Chicken Over Mashed Potatoes/Gravy Cheddar Cheese Corn</p>	<p style="text-align: right;">(28)</p> <p style="text-align: center;">Toasted Cheese Sandwich Tomato Soup Goldfish Crackers French Fries Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(29)</p> <p style="text-align: center;">Turkey Tacos Hard or Soft Shells Steamed Rice Corn Lettuce Tomato /Cheese Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(30)</p> <p style="text-align: center;">Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Broccoli Ranch Salad</p>

**ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES  
TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN TENDERS, BUFFALO WRAPS**  
LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(If Qualified) / USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.